# 英语写作中100个使用频率较高词语搭配

1．经济的快速发展 the rapid development of economy

2．人民生活水平的显著提高/ 稳步增长 the remarkable improvement/steady growth of people’s living standard

3．先进的科学技术 advanced science and technology

4．面临新的机遇和挑战 be faced with new opportunities and challenges

5．人们普遍认为 It is commonly believed/ recognized that…

6．社会发展的必然结果 the inevitable result of social development

7．引起了广泛的公众关注 arouse wide public concern/ draw public attention

8．不可否认 It is undeniable that…/ There is no denying that…

9．热烈的讨论/ 争论 a heated discussion/ debate

10. 有争议性的问题 a controversial issue

11．完全不同的观点 a totally different argument

12．一些人 …而另外一些人 … Some people… while others…

13. 就我而言/ 就个人而言 As far as I am concerned, / Personally,

14．就…达到绝对的一致 reach an [wv]absolute consensus on…

15．有充分的理由支持 be supported by sound reasons

16．双方的论点 argument on both sides

17．发挥着日益重要的作用 play an increasingly important role in…

18．对…必不可少 be indispensable to …

19．正如谚语所说 As the proverb goes:

20．…也不例外 …be no exception

21．对…产生有利/不利的影响 exert positive/ negative effects on…

22．利远远大于弊 the advantages far outweigh the disadvantages.

23．导致，引起 lead to/ give rise to/ contribute to/ result in

24．复杂的社会现象 a complicated social phenomenon

25．责任感 / 成就感 sense of responsibility / sense of achievement

26. 竞争与合作精神 sense of competition and cooperation

27. 开阔眼界 widen one’s horizon/ broaden one’s vision

28．学习知识和技能 acquire knowledge and skills

29．经济/心理负担 financial burden / psychological burden

30．考虑到诸多因素 take many factors into account/ consideration

31. 从另一个角度 from another perspective

32．做出共同努力 make joint efforts

33. 对…有益 be beneficial / conducive to…

34．为社会做贡献 make contributions to the society

35．打下坚实的基础 lay a solid foundation for…

36．综合素质 comprehensive quality

37．无可非议 blameless / beyond reproach

39．致力于/ 投身于 be committed / devoted to…

40. 应当承认 Admittedly,

41．不可推卸的义务 unshakable duty

42. 满足需求 satisfy/ meet the needs of…

43．可靠的信息源 a reliable source of information

44．宝贵的自然资源 valuable natural resources

45．因特网 the Internet （一定要由冠词，字母 I 大写）

46．方便快捷 convenient and efficient

47．在人类生活的方方面面 in all aspects of human life

48．环保（的） environmental protection / environmentally friendly

49．社会进步的体现 a symbol of society progress

50．科技的飞速更新 the ever-accelerated updating of science and technology

51．对这一问题持有不同态度 hold different attitudes towards this issue

52．支持前/后种观点的人 people / those in fovor of the former/ latteropinion

53.有/ 提供如下理由/ 证据 have/ provide the following reasons/ evidence

54．在一定程度上 to some extent/ degree / in some way

55. 理论和实践相结合 integrate theory with practice

56. …必然趋势 an irresistible trend of…

57.日益激烈的社会竞争 the increasingly fierce social competition

58．眼前利益 immediate interest/ short-term interest

59．长远利益. interest in the long run

60．…有其自身的优缺点 … has its merits and demerits/ advantages and

disadvantages

61．扬长避短 Exploit to the full one’s favorable conditions and avoid unfavorable

ones

62．取其精髓，取其糟粕 Take the essence and discard the dregs.

63．对…有害 do harm to / be harmful to/ be detrimental to

64．交流思想/ 情感/ 信息 exchange ideas/ emotions/ information

65．跟上…的最新发展 keep pace with / catch up with/ keep abreast with

the latest development of …

66．采取有效措施来… take effective measures to do sth.

67．…的健康发展 the healthy development of …

68．有利有弊 Every coin has its two sides.No garden without weeds.

69．对…观点因人而异 Views on …vary from person to person.

70．重视 attach great importance to…

71．社会地位 social status

72．把时间和精力放在…上 focus time and energy on…

73．扩大知识面 expand one’s scope of knowledge

74．身心两方面 both physically and mentally

75．有直接/间接关系 be directly / indirectly related to…

76. 提出折中提议 set forth a compromise proposal

77. 可以取代 “think”的词 believe, claim, maintain, argue, insist, hold the opinion/ belief that

78．缓解压力/ 减轻负担 relieve stress/ burden

79．优先考虑/发展… give (top) priority to sth.

80．与…比较 compared with…/ in comparison with

81. 相反 in contrast / on the contrary.

82．代替 replace/ substitute / take the place of

83．经不起推敲 cannot bear closer analysis / cannot hold water

84．提供就业机会 offer job opportunities

85. 社会进步的反映 mirror of social progress

86．毫无疑问 Undoubtedly, / There is no doubt that…

87．增进相互了解 enhance/ promote mutual understanding

88．充分利用 make full use of / take advantage of

89．承受更大的工作压力 suffer from heavier work pressure

90．保障社会的稳定和繁荣 guarantee the stability and prosperity of our

society

91．更多地强调 put more emphasis on…

92．适应社会发展 adapt oneself to the development of society

93．实现梦想 realize one’s dream/ make one’s dream come true

94. 主要理由列举如下 The main reasons are listed as follows:

95. 首先 First， Firstly， In the first place, To begin with

96．其次 Second, Secondly, In the second place

97. 再次 Besides，In addition, Additionally, Moreover, Furthermore

98. 最后 Finally, Last but not the least, Above all, Lastly,

99. 总而言之 All in all, To sum up, In summary, In a word,

100．我们还有很长的路要走 We still have a long way to go.